



VIAL OF LIFE

This ‘Vial of Life’ has been designed to contain vital medical information about you. It is to be (1) used by medical personnel in case of an emergency, (2) used by you when you go to your doctor, (3) taken with you if you have to evacuate your home.

Place the ‘Vial of Life’ MAGNET on your refrigerator so that emergency personnel can see it. Place the ‘Vial of Life’ on the top shelf of your refrigerator, right side. Be sure you have rolled the “Medical Data” page so that your name shows through the outside of the tube. We suggest you keep a passport size picture of yourself in the Vial.

Your Vial should contain the five pages attached to this page called: (1) Your Medical Data; (2) Your Medical History and Medical Conditions; (3) Universal Medication Form; (4)&(5) Advance Care Plan.

In an Emergency, if you can talk and get to a phone, DIAL 9-1-1 and give the following:

- 1. Name and phone number;**
- 2. Address of Emergency;**
- 3. Description of Emergency;**
- 4. Stay on line until the dispatcher hangs up;**
- 5. If possible, have someone stand outside to direct help;**
- 6. Or, if you carry one, hit your emergency response button.**

Keep Vial information current: it can save your life.